

Week 3 Focus – Worship | January 15 - 21

Definition: Worship is an act of devotion, reverence, love and homage for and towards the Triune God honoring Him audibly with words and song.

Read Scriptures: 1 Chron. 16:29, Psalm 95:6, Matt. 2:2, John 4:24, Romans 12:1, Psalm 100:2, Psalm 34:1

- Day 15 – Begin and end your day bowing down before God in personal one-on-one time.
- Day 16 – Spend at least 30 minutes in quiet reflections recounting God’s holiness, i.e. worship Him.
- Day 17 – Identify two worship songs that speak to your relationship with the Father. Not worrying about your voice, sing the songs to the glory of God.
- Day 18 – Examine your personal relationship with Jesus who was born to become the Lamb of God.
- Day 19 – Meditate on the Holy Spirit reminding yourself He is always available to you.
- Day 20 – Remember that your body is God’s temple, the dwelling place of the Holy Spirit.
- Day 21 – Dance and sing before the Lord recalling that it is not necessary that you be excellent at either.

Week 4 Focus – Discipleship | January 22 - 28

Definition: A disciple of Christ is one who follows Jesus and lives in obedience to His commands thus committing to following Christ and living out the kind of devotion that Jesus describes in His teaching.

Read Scriptures: John 13:15, Matthew 28:18-20, Mark 1:17, Matthew 16:24, John 13:34-35

- Day 22 – Pray for God’s guidance and direction related to discipleship.
- Day 23 – Contemplate the above scriptures and identify where you need to strengthen your walk to be a more effective disciple for Christ.
- Day 24 – Identify those in your family who would benefit from receiving your discipleship and a couple to share with.
- Day 25 – Heighten your awareness of those you encounter daily, outside of family, with whom you can share the good news of Christ.
- Day 26 – Reach out to your deacon and his wife and offer a word of encouragement for what they do to support discipleship in the Kingdom.
- Day 27 – Research and select where in the church you can best serve to exemplify discipleship in action at Westside Baptist Church.
- Day 28 – Praise and thank God for providing a seven-day focus on discipleship and decide three ways in which your walk will be different as a result then share with your fast partner.

Week 5 Focus – Stewardship | January 29 - 31

Definition: Utilizing and managing all resources God provides for the glory of God and the betterment of His creation.

Read Scriptures: Deuteronomy 8:1-20, Matthew 25:1-46

- Day 29 – Pray for God’s guidance/direction related to Stewardship including that Westside will continue to be a tithing church.
- Day 30 – Name some things you typically spend money on that you could do without and give the money you save to God. Also refrain from using credit cards and from Internet shopping.
- Day 31 – Make a list of the ways you might multiply what God has given you with at least half being non-financial.

Matthew 22:35-40: ³⁵Then one of them, a lawyer, asked Him a question, testing Him, and saying, ³⁶“Teacher, which is the great commandment in the law?” ³⁷Jesus said to him, ““You shall love the LORD your God with all your heart, with all your soul, and with all your mind.” ³⁸This is the first and great commandment. ³⁹And the second is like it: ‘You shall love your neighbor as yourself.’ ⁴⁰On these two commandments hang all the Law and the Prophets.”

Matthew 28:16-20: ¹⁶Then the eleven disciples went away into Galilee, to the mountain which Jesus had appointed for them. ¹⁷When they saw Him, they worshiped Him; but some doubted. ¹⁸And Jesus came and spoke to them, saying, “All authority has been given to Me in heaven and on earth. ¹⁹Go ^[a]therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age.”

Ephesians 4:11-16: ¹¹ And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers, ¹²for the equipping of the saints for the work of ministry, for the ^[a]edifying of the body of Christ, ¹³till we all come to the unity of the faith and of the knowledge of the Son of God, to a perfect man, to the measure of the stature of the fullness of Christ; ¹⁴that we should no longer be children, tossed to and fro and carried about with every wind of doctrine, by the trickery of men, in the cunning craftiness of deceitful plotting, ¹⁵but, speaking the truth in love, may grow up in all things into Him who is the head—Christ—¹⁶from whom the whole body, joined and knit together by what every joint supplies, according to the effective working by which every part does its share, causes growth of the body for the edifying of itself in love.

Scriptures, Mission, & Vision

2022 Prayer Ministry Calendar

Text: PRAYER to (972) 236-4543

Sweet Hour of Prayer (S.H.O.P.)
Mondays, 7:00pm – 8:00pm

National Day of Prayer
Thursday, May 5

Prayer Chain
March

Community Drive Through Prayer
September

Community Drive Through Prayer
April

Prayer of Saturation
December



WESTSIDE BAPTIST CHURCH

2022 Prayer & Fasting Guide

The Mission of Westside Baptist Church is to serve God by sharing Christ and loving people.

Matthew 22: 35–40 & Matthew 28:16–20

Our Vision is to have every member of Westside Baptist Church engaged in a ministry that fully utilizes their God given gifts.

Ephesians 4: 11–16

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(972) 221-5668

Dr. Delvin Atchison, Senior Pastor
Dr. Brenda Atchison, First Lady

2022 Prayer and Fasting Initiative

To be found faithful stewards, let us consecrate ourselves January 1 – 31 by dedicating ourselves to prayer and fasting. **Allow Matthew 28:10–20 to be your guiding light scripture text throughout this 31-Day Journey of Faith.**

What does it mean to be consecrated?

Consecration refers to persons or things being separated, or belonging to God, for His purposes. They are holy and set apart for the service of God. Leviticus 19:2 says... **“You shall be holy, for the Lord your God is holy.”**

Servants of God, let us agree to the following during the 31 Days of Prayer and Fasting. We will:

1. Dedicate **10 minutes** per day to reading God’s Word.
2. Dedicate **5 minutes** per day to Prayer.
3. Attend Sweet Hour of Prayer (S.H.O.P) 7 – 8 p.m. every Monday.
4. Attend Wednesday Bible Study 7 – 8 p.m.
5. Attend Sunday Morning Bible Study **followed by Worship at 9:45 a.m.**

Before Praying... Pause for Personal Inspection

Unconfessed sin is one of the biggest hindrances or barriers to our prayers. Consider these scriptures and the points below in your preparation: *If I regard iniquity in my heart, the Lord will not hear (Psalm 66:18)*. If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness (**1 John 1:9**).

- Is my greatest affection more for material things on earth, rather than spiritual growth and serving God?
- Is my life a testimony for Jesus?
- Am I stunting my spiritual growth by not consistently having a quiet time with God?
- If you desire to receive the best from the Lord, are you totally surrendering to Him?
- Have I failed to center my thoughts and actions on reaching the lost and unchurched?
- Am I robbing God by not consistently bringing forward my tithes and offerings?
- Do I have a right attitude toward my fellow church members?
- Do I have any relationships or engage in conversations that do not honor God – that are questionable or have “appearance of evil”?

Prayer and Fasting Guidelines

A biblical definition of fasting is a Christian’s voluntary abstinence from food for spiritual purposes. Fasting is a spiritual discipline and one that goes so radically against the flesh and the mainstream of our culture. Fasting is a purifying discipline that helps us draw closer to Jesus Christ in surrender our will to his ways. Without a spiritual purpose for your fast, it is just a diet. There is something about fasting that sharpens the edge of our intercessions and gives passion to our supplications.

Many great saints of the Bible fasted. Moses (Deuteronomy 9:9), Ezra (Ezra 8:21-23), Elijah (1 Kings 19:8), Daniel (Daniel 9:3), Anna the Prophetess (Luke 2:36-37) and Paul (2 Corinthians 11:27) fasted for spiritual growth. The greatest example for any of us to follow, Jesus Christ, fasted (Matthew 4:2). When we separate ourselves from the daily routine of food and its preparation, eating, or whatever desired activity (watching TV, playing video games, golf, etc.) in our lives, then we can devote extra time to prayer and reading/studying/meditating on God’s Holy word. The hunger pangs or refraining from your designated activity will reinforce our human frailty and our dependence on God. When we take time to put God first in any endeavor, we are preparing well for whatever lies ahead. The result of sincere prayer and fasting is that God responds and brings deliverance and blessings.

Remember Jesus’ teaching about fasting – it should be a normal part of a Christian’s life and need only to be seen by God. Jesus wants his people to adopt spiritual disciplines for the right reason; not from a selfish desire for praise. Matthew 6:16-18 says: “moreover when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting, assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly.”

Finally, reading Isaiah Chapter 58 is highly recommended prior to starting your fast. This chapter will feature fasting that pleases God. Ezra Chapter 8 and Nehemiah Chapter 1 are other chapters regarding prayer and fasting. The Scripture says, “So we fasted and entreated our God for this, and He answered our prayer.” (Ezra 8:23)

Tips for Fasting

1. Pray for strength and focus before you begin this 31-Day Prayer and Fasting Initiative.
2. Make a list of specific things to include in your prayers.
3. **At a minimum, fast from 5:00 a.m. – 5:00 p.m.**
4. When fasting from eating do not jeopardize your health.
5. If you must break your food abstinence due to health reasons, substitute refraining from a desired activity (Internet, social media, golf, TV, video games, shopping, etc.).
6. Establish a regular quiet time and location to pray.
7. **During this fast we are abstaining from food on Wednesdays, consuming only water or liquid (juice, milk, water, broth, malts, etc.) from 5:00 a.m. – 5:00 p.m.**
8. If your flesh weakens pray to the Lord for strength and perseverance. It’s a good idea to have a “fast partner” – you can encourage and pray for each other.

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Pray daily in your homes with family and join us for S.H.O.P on Mondays. **Conference Call 7:00 – 8:00 p.m.**
Dial-in number: (425) 436-6200 | Access Code: 719714
followed by hash/pound sign (#)

Week 1 Focus – Prayer | January 1 – 7

Definition: The conversational part of the most important love relationship in a believer’s life which encompasses our relationship with the Triune God: Father, Son and Holy Spirit. Practice patterning your daily prayers after the Model Prayer (Matthew 6:5-15).

Read Scriptures: Psalm 66:18-19, Mark 11:22-24, 1 John 3:21-22, John 16:24, Luke 18:1, Hebrews 4:16

- Day 1 – Pray for the universal church and Westside specifically that we would be a unified body as we live out our Mission Statement.
- Day 2 – Pray for Pastor and First Lady Atchison, and their family that the wisdom of God would flow through them, and they will be protected from all hurt, harm or danger and any/all temptations from the evil one.
- Day 3 – Pray for the Deacon Council, Ministers, all Servant Leaders, their spouses; that they will lead with divine purpose in submission to the Holy Spirit.
- Day 4 – Pray for the church family/congregation that we will love one another as the body of Christ, asking the Lord to purify us by the obeying of the Truth of His Word; help us to have good communication with our deacons and other leaders.
- Day 5 – Make a list of the ways that God has blessed you today. Develop a prayer of thanksgiving for each blessing.
- Days 6 & 7 – Do something to Serve God, Share Christ or Love People that takes you outside of your comfort zone and requires risk.

Week 2 Focus – Evangelism | January 8 – 14

Definition: Evangelism comes from a Greek word meaning “to proclaim the good news”, i.e. Jesus’ death, burial and resurrection. (1 Cor. 15:1-4)

Read Scriptures: Mark 16:15, Psalm 105:1, Romans 10:17, John 13:35, Matthew 28:19-20

- Day 8 – Pray for boldness, courage and wisdom to share the Gospel/the Good News.
- Day 9 – Pray that God will open the hearts of family members, co-workers and neighbors to receive Jesus as their Lord and Savior.
- Day 10 – Pray that God will give you a burden for the lost/unbelievers and help you to share the Gospel.
- Day 11 – Pray for our politicians that spiritual blinders will be removed from their eyes.
- Day 12 – Pray that our politicians/elected officials will be drawn into a saving knowledge of Jesus the Christ.
- Day 13 – Pray for divine appointment(s) to share the Gospel as you go along your daily journey.
- Day 14 – Pray asking God to reveal to you any sin that may keep you from sharing or winning souls to Jesus...repent!